

TRADITIONAL DANISH DANCES

(see attached Description of Basic Dance Steps for directions for steps called for in the dances)

DANISH HALF CHAIN

Formation:	Couples arranged in a set scattered around the floor, one couple facing another (#1 and #2 couples).
Figure I:	Join (4) hands and with slow buzz step (down, up), right foot in front of left, circle left 16 counts. Finish in original starting place.
Chorus:	<p>#1 couple goes under arch formed by #2 couple as both change places with 4 walking steps, then #2 couple backs up going under arch as #1 couple backs up going over #2 couple. Immediately face partner and give right hand to partner; all four do a Grand Chain with 8 walking steps (step close to each other).</p> <p>#1 couple goes over and makes an arch as #2 couple goes under, then back up with #2 couple going over and #1 couple under; finish with Grand Chain.</p>
Figure II:	Swing partner in a slow up-down buzz step swing, in a relaxed and casual manner. Then perform Chorus .
Figure III:	All 4 make a basket and with the same down-up casual relaxed motion, move to the left with the buzz step, keeping right foot always in front. Then perform Chorus .
Repeats:	Repeat the Swing and the Chorus , then repeat the Circle and the Chorus . Then the Basket and the Chorus , etc. Figures may be repeated in random order, always doing a Chorus in between.

DEN TOPPEDE HØNE (CRESTED HEN)

Formation:	Single circle, partners facing each other with both hands joined. Sets of 3 dancers, 1 man and 2 women or 1 woman and 2 men.
Figure I	Each set takes circle formation and starting with the left foot and stamping on first step dances cast Step-Hop , moving to the left, for 8 steps; stamp; and move right for 8 steps. Dancers lean away from center as they circle.
Figure II:	Continuing Step-Hop throughout, women release joined hands, place free hand on hip, and right-hand woman dances through arch made by man and left-hand woman with 4 Step-Hops . Man turns under his left arm, following right-hand woman through arch. Left-hand woman dances through arch made by man and right-hand woman with 4 Step-Hops . Man turns under his right arm, following left-hand women through arch.
Repeats:	Repeat all of Figure II. Then repeat all.

FAMILIE SEKSTUR

Formation:	Couples in single circle, woman to right of partner, hands joined and held at shoulder height, elbows bent in V. Dancers stand close together.
Measures 1-8:	Beginning right, take 16 buzz steps to side (right crosses over left, right knee bending slightly). Circle moves clockwise. Take small light steps, keep circle small with elbows bent, and lean back slightly for better action.
In & Out: 9-10:	Beginning right, take 4 steps toward center, slowly extending joined hands above head. On 4 th step everyone nods head to greet everyone else.
11-12:	Beginning right, take 4 steps backward, to return to original formation, arms gradually lowering to original position (elbows bent, joined hands shoulder height). On 4 th step, nod head to partner.
13-16:	Repeat measures 9-12.
Grand Chain: 17-24:	Face partner and join right hands shoulder high, elbows bent, and continue around circle with grand right and left. Count out loud one to seven for each person met, keeping the 7 th person for new partner.
Swing: 1-8:	Left reverse open position, with man's left arm, woman's right, extended straight out at shoulder level. Swing new partner in place, taking 16 buzz steps , ending with woman on man's right. All join hands to form single circle. Repeat measures 9-24, In & Out and Grand Chain. Dance continues with Swing, In & Out and Grand Chain order till end of music.

