

**PARTICIPANT RELEASE, WAIVER OF CLAIM AND
ACKNOWLEDGEMENT AND ASSUMPTION OF RISK**

In consideration of permission granted to me now or in the future by [ATHLETIC FACILITY] (the "Facility) to utilize the [list applicable athletic and/or sports equipment] (the "Equipment") or participate in any activities associated with the Equipment, I agree and acknowledge that:

(please initial in each space provided)

_____ I will abide by all rules and regulations imposed by the Facility upon the participants in the use of the Equipment.

_____ I am aware of the risks and hazards inherent in the nature of the use of the Equipment, and I have full knowledge of the nature and extent of these risks and hazards. I understand that in using the Equipment I may suffer personal injury or death.